



Probus Club of Central Edmonton

April 2016

Editor: Ken Hoffman

Speaker: April 19– Lawrence Tymko, the future of seniors care in Alberta

Lawrence Tymko spoke of the need to have more people centered services versus the one size fits all model we often experience. The presentation included an illustration of the model he supports by sharing with us a report on “Betty and George” and their experience. Betty and George faced a number of challenges the report discussed their experience in 2011 and then 3 years later after taking part in an integrated support services model. After the 3 years it stated that they were quite happy. The underlying vision is “Older adults living well, longer!”. In addition, he shared the following:

Older Adult Creed

*I, as an older adult, am a person who is still growing,
still learning, still with potential and*

whose life continues to have within it promise for, and connection to, the future.

*As an older adult I am still in pursuit of happiness, joy, and pleasure, and my birthright to these
remains intact.*

Moreover, as an older adult, I am worthy of dignity and respect.

*As an older adult, my work is to draw wisdom from my life experience through sound reasoning
and reflection, and*

formulate it into a legacy for future generations.

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Tour: April 26– Little Potato Company

We toured the Little Potato Company facility in Edmonton. You will see that we were asked to dress for the occasion (see picture). Interesting costumes.

Our tour guides Diana and Zazi, we thanked them for their help and their willingness to answer numerous questions. I would write more about the tour but given that I signed a confidentiality agreement, I will just note that it was an impressive and interesting establishment. We also were provided with samples of their product, i.e. small potatoes.

Someone had to take the picture so I volunteered.

