

APRIL 2025



PROBUS CLUB OF CENTRAL EDMONTON

NEWSLETTER

www.probus-central-edmonton.com

**HAPPY VICTORIA DAY
MAY 19**



MEETING LOCATION

**Victoria Golf Club
Edmonton
12130 River Valley
Rd NW**

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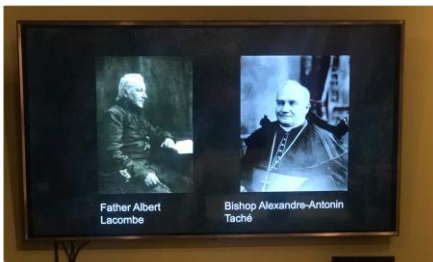
Yves Forté

EVENT & TOUR HIGHLIGHTS

April 22 – St. Albert Heritage Museum - *Musée Héritage Museum*

The Musée Héritage Museum is in iconic St. Albert Place (designed by Douglas Cardinal) nestled along the Sturgeon River, and always has something new to experience. When museum visitors enter, they first approach the museum gift shop, and then explore St. Albert's diverse history and heritage in the History Gallery. The nearby main space showcases exhibitions that are changed through the year, along with the Discovery Room which provides interactive activities. The museum is also home to the St. Albert's Archives. (<https://www.artsandheritage.ca/pages/musee-heritage-museum>)

Photos Courtesy of Sheila Garner and David Armstrong.



GUEST SPEAKER HIGHLIGHTS

Guest Speaker, April 15: Jesse Hahn, P.Ag - Natural Fibre Technologies.

Topic: *Hemp 101 & Overview of Natural Fibre Technologies and Asinikahtamwak*

Jesse Hahn led the presentation with an overview of the Hemp plant and its uses and followed with an introduction to Natural Fibre Technologies and Asinikahtamwak.

Hemp 101

Industrial hemp (*Cannabis sativa* L.) is a low-THC, non-psychoactive crop grown under license in Canada. It's federally regulated, distinct from cannabis, and valued for its versatility and resilience.

Three Primary Crop Types:

- **Fibre:** Tall, densely planted hemp used for industrial applications. The stalk is processed into bast fibre and hurd.
- **Grain/Food:** Shorter varieties harvested for seeds used in food, oil, and animal feed.
- **Flower:** Cultivated primarily for CBD and other cannabinoids (high-value but tightly regulated).

Hemp is well-suited to many regions globally, thriving with moderate inputs, fast growth and relatively short growing seasons. Its deep taproots can improve soil structure, though nutrient management is important, especially when harvesting the whole stalk.

Local Industry Development: Natural Fibre Technologies (NFT) and Asinikahtamwak

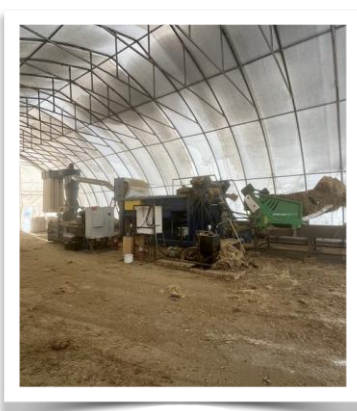
Natural Fibre Technologies (NFT) is based in Western Canada and brings over 25 years of hemp processing experience. Our core capability is decortication—mechanically separating hemp stalks into bast fibre and hurd, the raw materials for a range of high-performance products.

Asinikahtamwak LP is our Indigenous-led joint venture with Frog Lake First Nation, created to accelerate economic opportunities through fibre-based construction. We are currently focused on commercializing a line of prefabricated wall systems, hempcrete blocks, and other building envelope components that meet modern energy codes and support rapid assembly.

Together, we're working to build a regional natural fibre platform that supports: Local processing of Alberta-grown hemp

- Decentralized manufacturing hubs near communities and job sites
- Indigenous and rural economic development
- Sustainable building solutions with lower site waste and faster construction timelines

Our model emphasizes collaboration across the supply chain—from farmers to builders—and aims to localize value-added processing while reducing reliance on imported or high-emission material



PROBUS GLOBAL NEWSLETTER

Global offers every PROBUS Club member the opportunity to immerse themselves in PROBUS activities and information from throughout the 'globe!' Click this link to discover [PROBUS Global](#)

UPDATE YOUR GEN Z KNOWLEDGE - Part 2 ...

Lit: Amazing, cool, or exciting. This is a short form of "lit up" which brightness or excitement. Eg: That Taylor Swift concert was lit!

Ghost: To suddenly cut off communication without explanation.. This means, just like a ghost, there one minute, gone the next. Eg: "She never got back to my texts. I think I've been ghosted"

Flex: Showing off. This comes from flexing a muscle to show strength or superiority. Eg: "She's just flexing her 'A' the test.

Lowkey: Something done subtly or secretly. It's the opposite of highkey. Eg: "I lowkey am going to sneak out tonight to go see my boyfriend."

Highkey: Something done to a high degree. As the opposite of lowkey in that it is indicating something intense or extreme. Eg. "I highkey love that the Oilers are dominating this game!"

Clout: Fame or influence, especially on social media. The original meaning of 'heavy blow' or 'influence' has been changed with the rise of social media. Eg: "He's totally doing that for clout."

Stan: An obsessed fan. It's a combination of the words "stalker" and "fan" inspired by Eminem's song titled "Stan." Eg: "I stan his music so hard."

Salty: Being bitter or angry. Based on the the sharpness and/or unpleasant taste of salt. Eg: "What's making you so salty today!"

Sksssk: Used to show surprise, happiness or intense emotion. Comes from the sound of someone smashing their keyboard. Eg: "Sksssk, that was a total surprise!"

Yeet: An exclamation of excitement or a verb meaning to throw something. This originated from a Vine video. Eg: "She yeeted the ball across the court."

On Fleek: Perfectly done, stylish. Comes from a Vine video where a user described her eyebrows as "on fleek". Eg: Usage: "Your hairstyle is on fleek today!"

Basic: Mainstream or unoriginal. Referring to something as plain or lacking distinctive features. "That outfit is so basic."

Take Care. See you next month!